

Highams Park *Arts Trail 2026* 1st—17th May

A series of events and exhibitions
in and around Highams Park



<https://tinyurl.com/hpArtsTrail26>

Sponsored by

THE STOW BROTHERS



Highams Park
Planning Group



A family-owned estate agency with a distinctive vision and a fresh approach, community is, and has always been our focus.

FIND US:

→ @STOWBROTHERS
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E4 & IG9

hello4@stowbrothers.com

0203 369 6444



Welcome to the *12th Highams Park* Arts Trail

This is our 12th Arts Trail and the biggest one so far with over 40 local artists taking part and lots of workshops, talks and live performances during the two weeks of the trail.

The trail starts on Friday 1st May with a Launch Party at Vino Tap from 7pm onwards. Everyone is welcome to come along to the Launch Party where you can meet some of the artists and creatives involved in the trail.

Over the next two weeks you will be able to admire artists work all around Highams Park, listen to live performances at All Saints Church, Vino Tap and The Stag & Lantern, you will have the opportunity to learn how to play jazz, make clay pots, sculpt in stone and make small sculptures from soap, work with stained glass and lots of other activities.

On Saturday 9th May Love Hale End Library Day will be one of the highlights of the Arts Trail. This event showcases the library and includes art exhibits, a Spring Flea Market, book signings, children's activities, and music from our local community choir, Harmony E4 Choir.

As usual, the trail finishes on Sunday 17th May with the Spring Festival, a free to attend family fun day in The Highams Park (next to Highams Park Lake). There will be shire horse displays, craft stalls and food stalls, entertainments, live music, maypole dancing, classic cars, a children's funfair and much more.

The Arts Trail is organised by the Arts and Culture team (ARC) of the Highams Park Planning Group with funding generously provided by The Stow Brothers. The ARC team are all volunteers from the Highams Park Planning Group. We give our time freely because we see the value in creating and celebrating arts and culture, bringing people together and celebrating this unique community.

Finally, we would like to thank all the artists and creatives who have taken the time to get involved and all the shops, businesses and venues that have given space and time to exhibit work or host events.

Please check the Facebook Page
www.facebook.com/HPArtsandCulture
or go to
<https://tinyurl.com/hpArtsTrail26>
for the most up-to-date information.

We hope you enjoy the Arts Trail.
The HPPG ARC TEAM

The artists

01 Art-K Highams Park

Hulali Tiki Shack

Art-K are a local art club on Hale End Road and this exhibition is a window display of their students' drawings and paintings - including works by both children and adults.

www.art-k.co.uk/class-highams-park

02 Ben Frearson

The Front Garden of 58 Larkshall Crescent, E4 6NS

Ben is a hobby artist and likes to make art that is either thought provoking, humorous, spectacular or a combination of all of these!

03 Bianca Leung

V and A Books

Bianca's exhibition is comprised of a series of round glass plates approximately 30cm wide.

www.instagram.com/b.blushedglass

04 Bob Berry

The Stow Brothers

A Highams Park resident inspired by the local scenery of Epping Forest. The paintings are expressive abstract landscapes.

<https://www.instagram.com/bobberry.art/>

05 Caroline Wadley

Hale End Library

Caroline loves to sit and draw in the green spaces local to Waltham Forest and has a deep appreciation of the lovely spaces we have.

www.instagram.com/carowa11

06 Carron Fox

Hale End Library

'A Bloom for Every Birthday' showcases flowers paired with each birth month. Using real plants, the exhibition displays how these blooms are transformed by the digital process.

www.crafteefox.co.uk

07 Charlotte Faircloth

Hale End Library

Charlotte creates caricature animal portraits in mixed media. Bright bold paintings and prints.

<http://www.instagram.com/charlottefairclothart>

08 Elizabeth Jones

LFS Upholstery & Interiors

Liz is a watercolour and acrylic artist in landscapes and other various subjects painted.

http://www.instagram.com/liz_jonesart

09 Faye Brown

LFS Upholstery & Interiors

Faye's work explores the relationship between spontaneity and observation, drawing inspiration from natural forms and processes. She creates tableware and vessel pieces primarily using black clay.

<https://www.instagram.com/claybyfaye75>

10 Gill Roberts

Breens Estate Agent

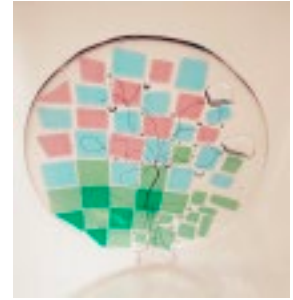
Gill makes mainly thrown decorative work. She enjoys colour both with glaze and under glaze designs.



01 — Art-K Highams Park



02 — Ben Frearson



05 — Bianca Leung



04 — Bob Berry



05 — Caroline Wadley



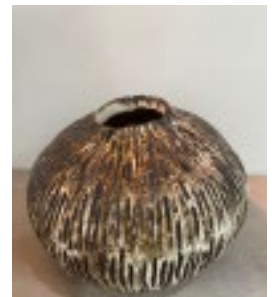
06 — Carron Fox



07 — Charlotte Faircloth



08 — Elizabeth Jones



09 — Faye Brown



10 — Gill Roberts

11 Handsworth Art Club

Hale End Library

Handsworth Primary School Art Club showcases work by children from Reception to Year Six, inspired by different artists and created using a variety of materials, techniques and a genuine love of art.

12 Harriet Hapgood & Clare Bennett

Vino Tap

'Wallflower' showcases new botanical wallpaper, paintings, and mini artworks by local creatives Harriet Hapgood and Clare Bennett, inspired by a shared love of nature.

<https://www.wallflowerhome.co.uk/>

13 Hope Hall

Hale End Library

Hope is a young artist who has only been painting for a couple of years. She specialises in watercolour paintings of birds, fish and flowers.

14 Hugh Hamshaw Thomas

Hale End Library

A collection of little characters lost and found and now looking for conversations, comprised of found children's chairs and found and retrieved children's needlework.

www.hughhamshawthomas.com

15 John Wiltshire

Humphry's Café

John paints a variety of subjects, often landscapes, mainly in soft pastels. His exhibition includes landscapes and some abstract paintings.

16 Juliet Thomas

Indulge Café

The Earthen Stage

Juliet is an artist who creates original art, prints, and illustrated greeting cards inspired by everyday moments, nature, and a touch of whimsy.

<http://www.julietthomasdoodles.com/about>

17 Lois Shafier

McRaes Estate Agents

'Dish It Up' by Lois is a collection of hand-drawn, decorated tableware, with designs inspired by everyday life. Themes for this years Arts Trail include tattoo motifs, bright florals and Highams Park.

<https://www.instagram.com/dish.it.up.bylois>

18 Luke Young

Breens Estate Agent

Luke is a figurative painter who celebrates people (and dogs). He uses mixed media for bold and colourful paintings that celebrate diversity and creativity.

<https://www.handsworthstudio.co.uk>

<http://www.instagram.com/mrlukcyoung>

19 Magdalena Olejniczak

Indulge Café

Local artist, interior designer and mum capturing watercolour blooms inspired by nature, changing seasons and life's little moments. Sharing original paintings and fine art prints, created with love.

<https://www.instagram.com/thewildpetalstudio>

20 Mark Lewis

Breens Estate Agent

Mark is a designer and artist. His work currently focuses on expressive painting, drawing and mono printing techniques, with a particular interest in landscape.

<http://www.marklewisart.co.uk>

<http://www.instagram.com/mlcwis342>

21 Maureen Paul

William Rose Estate Agent

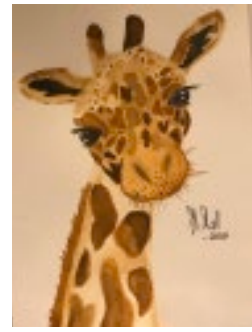
Maureen's is a local artist who's work is a painting of a local scene inspired by her love of Highams Park.



11 — Handsworth Art Club



12 — Harriet Hapgood & Clare Bennett



13 — Hope Hall



14 — Hugh Hamshaw Thomas



15 — John Wiltshire



16 — Juliet Thomas



17 — Lois Shafier



18 — Luke Young



19 — Magdalena Olejniczak



20 — Mark Lewis



21 — Maureen Paul

22 **Nadia Thompson**

Humphry's Café

Nadia's exhibition is a riot of bold abstract florals and whimsical botanicals, brought to life with her signature mix of acrylics, oils, watercolours and inks.

www.artbynoo.com

<http://www.instagram.com/nadiathompontoo>

23 **Paula Davey**

The Stag & Lantern

Paula is a local artist who specialises in acrylic on canvas paintings. Paula's work embraces a love of vibrant colours and texture.

Paula-Davey-Art.co.uk

PaulaDavey.Art@yahoo.com

24 **Paula Jean Roche**

Karya Cafe & Bistro

Paula creates lino prints and illustrations. Her exhibition is semi abstract and inspired by nature and buildings in Highams Park.

https://www.instagram.com/paulajeandroche_interiors/

25 **Peta Crisp**

The Stag & Lantern

Peta is a local artist living in the area for over 35 years. She is a member of Woodford Arts Group and Seasons Art Group. Her work is mainly in acrylic, watercolour and oil pastel.

https://www.instagram.com/petas_paintings

26 **Rachel Hogg**

Coco Café

Rachel Hogg is a North Chingford based Artist and Arts Educator, specialising in floral prints, mixed media drawing, acrylic painting and collage.

<http://www.rachelmoss-hogg.com/>

<https://www.instagram.com/rachelhogg.creativearts>

27 **Residents of Beech Hall Crescent**

All along Beech Hall Crescent but especially the Maple tree on its roundabout

Communitree at Beech Hall Crescent is a collaborative art installation in a field maple tree, featuring mobiles and crafts by neighbours of all ages, celebrating community, creativity and nature.

https://www.instagram.com/pond_dipper

28 **Sarah Bush**

Hale End Library

Sarah is an artist and art therapist inspired by the natural world, working with dyes and inks made from plants and alternative photographic processes.

https://www.instagram.com/sarahbush_art

29 **Stanley West**

Vino Tap

Stan creates thoughtful, expressive artwork that blends emotion, curiosity and nature- exploring ideas through detail, experimentation and materials to give his work a personal voice.

30 **Susan Hall**

Hale End Library

Susan paints dogs and cats in soft pastels and wild animals and birds in acrylics.

<http://www.instagram.com/susanroyle24>

31 **Susan Royle**

Biba and Wren

A selection of editioned prints and paintings on the theme of Life Stages- autobiographical works, entitled 'I Know Who You Are'.

theuncarvedblock.wixsite.com/noosart

32 **Susan Royle**

Community Soap Sculpture (from 5th May onwards)

This Community Soap Sculpture is a fusion of individual soap sculptures made by local people at Humphry's Café on 2nd May exploring the concept that soap is a simple material with a bigger meaning.

theuncarvedblock.wixsite.com/noosart



22 — Nadia Thompson



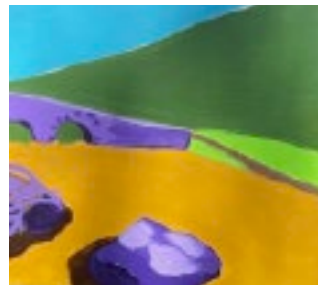
23 — Paula Davey



24 — Paula Jean Roche



25 — Peta Crisp



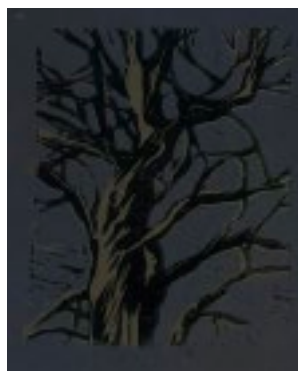
26 — Rachel Hogg



27 — Residents of Beech Hall Crescent



28 — Sarah Bush



29 — Stanley West



30 — Susan Hall



31 — Susan Royle



32 — Susan Royle

Open studios

01

Ben Fitton

10 Sheredan Road, E4 9RW

An exhibition of images of nature produced using an improvised scanner.

Saturday 2nd May 2pm-4pm

Sunday 3rd May 2pm-4pm

Sunday 10th May 2pm-4pm

http://www.instagram.com/_benfitton_

02

Brookfield Allotments

Alders Avenue, Woodford Green, IG8 9PU

An art and craftwork exhibition in the Trading Hut with works created by ploholders and local residents. Plants and seeds will also be on sale alongside a selection of homemade cakes and drinks.

Saturday 2nd May 12noon-4pm

03

Linda Bondy

138 Beech Hall Road, E4 9NN

Linda has been painting and drawing all her life and is fascinated by the beauty of the Natural World.

Saturday 2nd May 2pm-4pm

04

Louise Fitton

10 Sheredan Road, E4 9RW

Still Life Paintings.

Saturday 2nd May 2pm-4pm

Sunday 3rd May 2pm-4pm

Sunday 10th May 2pm-4pm

http://www.instagram.com/louise_fitton

05

Neringa Dastoor

168 Beech Hall Road, E4 9NT

An artist & graphic designer, who interconnects these disciplines through multiple outlets and tactile things – brush marks or stitching on fabric, clay figurines, found objects, books & type design.

Weekdays by appointment (please call 07988708701)

Saturday 2nd May 1pm - 4pm

Sunday 3rd May 1pm- 4pm

Saturday 9th May 1pm - 4pm

Sunday 10th May 1pm - 4pm

Saturday 16th May 1pm-4pm

Sunday 17th May 1pm - 4pm

06

Nigel Reynolds

22 Sheredan Road, E4 9RW

Nigel will be showing his latest works at his home. He will be happy to talk about his paintings and the situations and the artists who have inspired them.

Saturday 2nd May 2pm-4pm

Sunday 3rd May 2pm-4pm

Sunday 10th May 2pm-4pm

<https://www.facebook.com/p/Nigel-Reynolds-Artist-100064160286301>

07

Rachel Hogg Creative Arts

Highams Park Station Rooms

An exhibition of work by students of Rachel Hogg's creative arts sessions.

Saturday 2nd May 1.50pm-4pm

<https://www.instagram.com/rachelhogg.creativearts>

08

Shailesh Chavda

19 Preston Avenue, London E4 9NL

Shailesh's work is based on geometric abstraction, utilising colour, shape and repetition to create compelling optical illusions. Prints, works on paper, paintings and collage on display.

Saturday 2nd May 11am-4pm

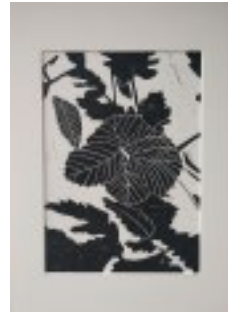
Sunday 3rd May 11am-3pm

Sunday 10 May 11am-3pm,

<http://www.instagram.com/shaileshc>



01 — Ben Fitton



02 — Brookfield Allotments



03 — Lisa Bondy



04 — Louise Fitton



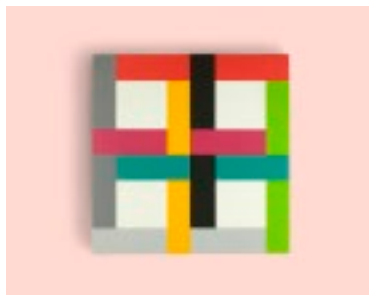
05 — Neringa Dastoor



06 — Nigel Reynolds



07 — Rachel Hogg Creative Arts



08 — Shailesh Chavda

All free entry unless otherwise stated.

Events

FRIDAY 1ST MAY

Arts Trail Launch Party

Vino Tap
7pm onwards

All are welcome to join the ARC Team and artists to celebrate the opening of this year's Highams Park Arts Trail.

A free drop in event!
No need to book, just turn up!

SATURDAY 2ND MAY

Open Studio Walking Tour

Starts at Biba and Wren
2pm - 4pm

Join Claire from the ARC team on a tour of the open studios and houses of the artists participating in the trail.

A free event!
There are limited spaces available, so please register in advance by emailing arc.highampark@gmail.com

SUNDAY 3RD MAY

Impromptu Acoustic

The Stag & Lantern
Performances at 7:50pm and 8:50pm

'Impromptu Acoustic' a local guitar duo will be playing a range of jazz, swing, and bossa nova compositions.

A free event!
No need to book just turn up

WEDNESDAY 6TH MAY

Listen to the River Ching

Brookfield Meadow
12:50pm - 4:50pm

An interactive event organised by the Ching Action Group at Brookfield Meadow. Attendees will be able to listen through headphones to a new musical composition "Listen to the River Ching"

A free drop in event!
No need to book just turn up

THURSDAY 7TH MAY

Acoustic Songs and Guitars

Vino Tap
8pm - 10pm

Short performances by musicians from the local open mic circuit.

A free drop in event!
No need to book just turn up

FRIDAY 8TH MAY

Baby Storytelling Session

Hale End Library
10:50am - 11:00am

Join Paula from the Write Network for Baby Sensory Storytelling, a fun in-person session full of music, textures, colours and cuddly stories!

This event is for children aged 0-5years old. All children must be accompanied by an adult at all times.

A free event!
There are limited spaces available, so please register in advance by emailing arc.highampark@gmail.com

SATURDAY 9TH MAY

Love Hale End Library Day

Hale End Library
11am - 3pm

An open day at our lovely library with authors, talks, entertainments and children's activities.

With the Spring Flea Market in the Car Park offering local arts and crafts, preloved, vintage vinyl, homewares, plants, antiques and more. There will be food and drinks stalls on the front lawns.

A free drop in event!
www.tinyurl.com/lovehaleendlibrary-26

HP Spring Flea Market at Hale End Library

Hale End Library
11am - 3pm

Our very own library transforms into a busy bazaar of vintage, arts and crafts outside, with performances and exhibitions going on inside.

A free drop in event!
www.instagram.com/hp_flea

Super Explorers

Hale End Library
11am - 3pm

Join Super Explorers who run a weekly toddler class in Highams Park! Drop by and join in the fun.
Ages 16 months+.

A free drop in event!

Albert the Tortoise, Hugg 'n' Bugg book stall and storytime

Hale End Library
11:15am - 11:40am

Library Day storytime and book sale with Ian Brown, author of the Hugg 'n' Bugg and ALBERT the tortoise books for children. The ALBERT books are inspired by real Highams Park tortoise, Albert.

A free drop in event!

Local author and nature educator, book signing and activity

Hale End Library
11:50am - 12:15pm

Author Michael Holland shares his 4 nature books with readings, chats and signings, plus a free "make your own botanical bookmark" activity celebrating stories, plants and the joy of reading.

A free drop in event!

Petite Productions

Hale End Library
12:25pm - 12:50pm

Kiddies Drama Performance by Petite Productions on the front lawn of the library or inside if it's raining!

A free drop in event!
www.petiteproductions.co.uk

A reading and book signing of Girad's Journey: A Snail's Tale

Hale End Library
1pm - 1:25pm

A book reading and signing by local author Kristy Sheed from her children's book 'Girad's Journey : A Snail's Tail'

A free drop in event!

Harmony E4 Choir

Hale End Library
1:35pm - 2pm

Your local community choir singing retro hits on the front lawn subject to weather. Inside if raining!

A free drop in event!

Readings and signings of books by Tharik Hussain

Hale End Library
2:10pm - 2:35 pm

Readings, discussion and signings of Tharik's books new and old, Muslim Europe: a Journey in Search of a Fourteen Hundred Year History

A free drop in event!

Farmers Market - Food Special

Highams Park Station Car Park
10am - 3pm

This year we are switching from a Sunday to Saturday to join powers with the HP Flea. What a day for Highams Park! After you've worked up an appetite from all the fun and shopping HP Flea has to offer at the library, come down to the Station Approach for some serious food shopping. We've got tasty cakes, fresh bread, fishmonger, honey, groceries, sausages and a host of yummy street food.

A free drop in event!
<http://www.instagram.com/esbecevents>

Highams Park from 1918 to 1939

Highams Park Baptist Church
Doors Open 7pm

A historical talk given by Sandeep Christian, Chairman of The Highams Park Society

Tickets: £10

Free tea, coffee and refreshments afterwards. Red and white wine available for a small charge.

To book tickets go to: <https://tinyurl.com/Tickets-HPTalk1918-1939>

Jazz Concert by the Tim Garland Trio

All Saints Church
8pm (doors open at 7pm)

Highams Park Jazz Club is pleased to host the Tim Garland Trio for the first time. With Tim Garland on Mezzo Soprano Sax, John Turville on piano and Niklas Lukassen on bass.

Tickets £20 in advance (plus £2 booking fee)
£25 on the door.
All ages (under 18s must be accompanied by an adult)

To book tickets go to: <https://wegottickets.com/event/693071>

WEDNESDAY 13TH MAY

Highams Park Arts Club

Vino Tap
Doors open 7:30pm - talks start at 8pm

'This is what I made 10 years ago and this is what I've learned since'. A series of honest talks by creatives across the spectrum exploring the journey of making and creative process over time. Including a talk by Barnaby Barford about the Elephant & Tortoise sculpture in Signal Walk by Tesco.

A free drop in event!
No need to book just turn up

THURSDAY 14TH MAY

Boom Boom Comedy Club

The County Arms (Upstairs)
8pm onwards

Grassroots comedy at the heart of Highams Park featuring eight up-and-coming acts. All profits go to the charity ACT2.

Tickets £8.59

To book tickets go to:

<https://www.jumblebee.co.uk/BOOMBOOMCOMEDY>

FRIDAY 15H MAY

Recital by the Paddington Trio

All Saints Church
7:30pm (Doors open at 7pm)

Waltham Forest Music Society presents a recital by the dynamic Paddington Trio (violin, cello, piano) prior to their tour of Japan. Programme to include Haydn's 'Gypsy' Trio.

Tickets on door £17 (members of WFMS £12)

SATURDAY 16TH MAY

Night Hours: Yet So Much

All Saints Church
Doors Open 7:00pm
Performance Starts 8:00pm

Unique one-time live performance of the debut album 'Yet So Much' by 'Night Hours' – A collection of original songs composed by local artist Nigel Mear. This special launch event will celebrate the album release with an intimate performance of the entire album featuring musicians from the recording sessions.

The performance will last approximately 2 hours including one interval.
Note: There will be no bar on the evening - 'Bring Your Own Drink' event.

£10.00 Ticket and CD bundle (CD collection at venue)

Unreserved seating and standing

Booking essential

To book tickets go to:

<https://ticketlab.co.uk/event/id/37110>

SUNDAY 17H MAY

The Spring Festival

The Highams Park (by Highams Park Lake)
11:30am - 4:30pm

An event for all the family featuring displays by Waldburg Shire Horses, live music, food & craft stalls, classic cars, children's activities and Highams Park's very own Maypole dancers! The Highams Park can be accessed from Henry's Avenue, Tamworth Avenue, and Keynsham Avenue. Organised by the Friends of The Highams Park.

A free drop in event

<https://tinyurl.com/HP-SPRINGFEST2026>

Workshops

SATURDAY 2ND MAY

Stone Carving - Taster Session

Rear Courtyard of Humphry's Café
10am - 1pm

During this taster session you will be provided with a small piece of stone and will learn to use a variety of hand tools and finishing techniques to create a piece of stone sculpture.

Hosted by Brett Banks.

£60 per session

To book email: brettgbanks@hotmail.com

Soap Carving - an activity for all ages

Humphry's Café
11am - 3pm

Sculpting a bar of soap with Sue Royle. A simple material which has a bigger meaning. All individual pieces will be joined together and exhibited in Hale End Library from Tuesday 5th May.

This is a free 'drop in activity'. No need to book, just turn up!

Stone Carving - Taster Session

Rear Courtyard of Humphry's Café
2pm - 5pm

During this taster session you will be provided with a small piece of stone and will learn to use a variety of hand tools and finishing techniques to create a piece of stone sculpture.

Hosted by Brett Banks.

£60 per session

To book email: brettgbanks@hotmail.com

SUNDAY 3RD MAY

Stone Carving - Taster Session

Rear Courtyard of Humphry's Café
10am - 1pm

During this taster session you will be provided with a small piece of stone and will learn to use a variety of hand tools and finishing techniques to create a piece of stone sculpture.

Hosted by Brett Banks.

£60 per session

To book email: brettgbanks@hotmail.com

Highams Park Jazz Club Workshop: Learning the Skills of Jazz Improvisation

All Saints Church
1pm - 4pm

Jazz improvisation workshop for all levels. Learn scales, chords and modes to improvise. Includes both theory and practice.

Free Event

All ages (under 18s must be accompanied by an adult)

To book go to www.highamparkjazzclub.com/jazzworkshop

Stone Carving - Taster Session

Rear Courtyard of Humphry's Café
2pm - 5pm

During this taster session you will be provided with a small piece of stone and will learn to use a variety of hand tools and finishing techniques to create a piece of stone sculpture.

Hosted by Brett Banks.

£60 per session

To book email: brettgbanks@hotmail.com

WEDNESDAY 6TH MAY

Art Classes for Adults

Highams Park Station Rooms
10am to 12noon

A 2 hour Art Class for adults with Rachel Hogg exploring painting with acrylics and watercolours and drawing with charcoal.

£20 per session

To book go to:

www.bookwhen.com/rachelhogcreativearts

www.rachelmoss-hogg.com

FRIDAY 8TH MAY

A.R.T. Sessions

Clay Lessons - Session 1

Humphry's Café
10am - 12noon

You will have 1 hour on the pottery wheel learning to throw and 1 hour learning how to create a vessel, slab pot or coil pot

3-day course throwing & Hand building is

£120 for 3 x 2hr sessions

Sessions will be held on Friday 8th, Friday 15th and Friday 22nd May

Prices include clay, equipment, firing of pots & glazes.

Your ceramics will be ready for collection

one week after course

For booking or any questions please e-mail

2contacta.r.t@gmail.com or

call 07706029002/07983710381

SATURDAY 9TH MAY

Stained Glass Workshop

Humphry's Café
10am - 5pm

A beginners one day stained glass workshop with Siobhan Rimmer. No experience necessary. Make a stained glass panel, learning about design, glass cutting, leading and soldering. Take home a finished stained glass panel.

£140 per session

To book email: siobhan@foreststudioglass.co.uk

Stone Carving - 2 Day Workshop

Rear Courtyard of Humphry's Café
Saturday 9th May & Sunday 10th May
10am - 5pm each day

During this in-depth two day workshop, you will be provided with an approx 10kg piece of stone and will learn to use a variety of hand tools and finishing techniques to create a piece of stone sculpture. Hosted by Brett Banks.

£200 for the two day workshop

To book email: brettgbanks@hotmail.com

Repair Café

Hale End Library Car Park
(during the Spring Flea Market)
11am - 3pm

There will be a clothing stand at the Spring Flea Market at Hale End Library. Come and learn techniques to mend and refresh your clothes. Jade and Claire will show you how to darn knitwear, repair jeans with visible mending and breathe new life into your clothing.

There is no set fee but voluntary contributions are welcome
30 minute drop in slots can be booked on the day, any questions prior to the event email lilaroseclothes@outlook.com

WEDNESDAY 13TH MAY

Art Classes for Adults

Highams Park Station Rooms
10am to 12noon

A 2 hour Art Class for adults with Rachel Hogg exploring painting with acrylics and watercolours and drawing with charcoal.

£20 per session

To book go to:

www.bookwhen.com/rachelhogcreativearts

www.rachelmoss-hogg.com

FRIDAY 15TH MAY

A.R.T. Sessions

Pottery Wheel Throwing

Humphry's Café
12noon to 1pm

Hosted by Art Sessions. You will have a 1 hour, one-to-one session on the pottery wheel learning how to throw.

This is a taster class and due to the nature of throwing your pots will be recycled.

Throwing is £25 for a 1hr session

For booking or any questions please e-mail
2contacta.r.t@gmail.com or
call 07706029002/07983710381
www.instagram.com/a.r.tsessions

A.R.T. Sessions

Clay Lessons - Session 2

Humphry's Café
10am - 12noon

You will discover how to refine your work with 1 hour on the pottery wheel turning and apply texture to your hand-built work

3-day course throwing & Hand building is
£120 for 3 x 2hr sessions

Sessions will be held on Friday 8th, Friday 15th and Friday 22nd May

Prices include clay, equipment, firing of pots & glazes.
Your ceramics will be ready for collection
one week after course

For booking or any questions please e-mail
2contacta.r.t@gmail.com or
call 07706029002/07983710381

A.R.T. Sessions

Hand Building in Clay

Humphry's Café
12noon to 1.30pm

Hosted by Art Sessions. During a 1.5 hour session you will discover various hand building techniques to create an organic pot inspired by natural forms. You will refine your vessel and learn how to apply texture and detail by using tools provided. Vessels can be painted at home or glazed on a ceramic course held at Humphry's

Hand building is £30 for a 1.5hr session

For booking or any questions please e-mail
2contacta.r.t@gmail.com or
call 07706029002/07983710381
www.instagram.com/a.r.tsessions

SATURDAY 16TH MAY

Stained Glass Workshop

Rear Courtyard of Humphry's Café
10am - 5pm

A beginners one day stained glass workshop with Siobhan Rimmer. No experience necessary. Make a stained glass panel, learning about design, glass cutting, leading and soldering. Take home a finished stained glass panel.

£140 per session
To book email: siobhan@foreststudioglass.co.uk

FRIDAY 22ND MAY

A.R.T. Sessions

Clay Lessons - Session 3

Humphry's Café
10am - 12noon

Your finished pot will be fired and ready for you to apply glaze.

3-day course throwing & Hand building is
£120 for 3 x 2hr sessions
Sessions will be held on Friday 8th, Friday 15th and Friday 22nd May

Prices include clay, equipment, firing of pots & glazes.
Your ceramics will be ready for collection
one week after course

For booking or any questions please e-mail
2contacta.r.t@gmail.com or
call 07706029002/07983710381

THE HIGHAMS PARK SPRING FESTIVAL

17 MAY 26

11.30AM-4.30PM



ORGANISED BY THE FRIENDS OF THE HIGHAMS PARK

**THE HIGHAMS PARK
HENRY'S AVENUE
IG8 9RB**



**SHIRE HORSE SHOWS- CLASSIC CARS- LIVE MUSIC
STALLS- ENTERTAINMENTS- RIDES- REFRESHMENTS**

LOVE
HALE END LIBRARY
DAY



SPRING FLEA MARKET

SATURDAY 9th MAY 2026: 11AM – 3PM

**HALE END LIBRARY, CASTLE AVENUE,
HIGHAMS PARK, E4 9QD**

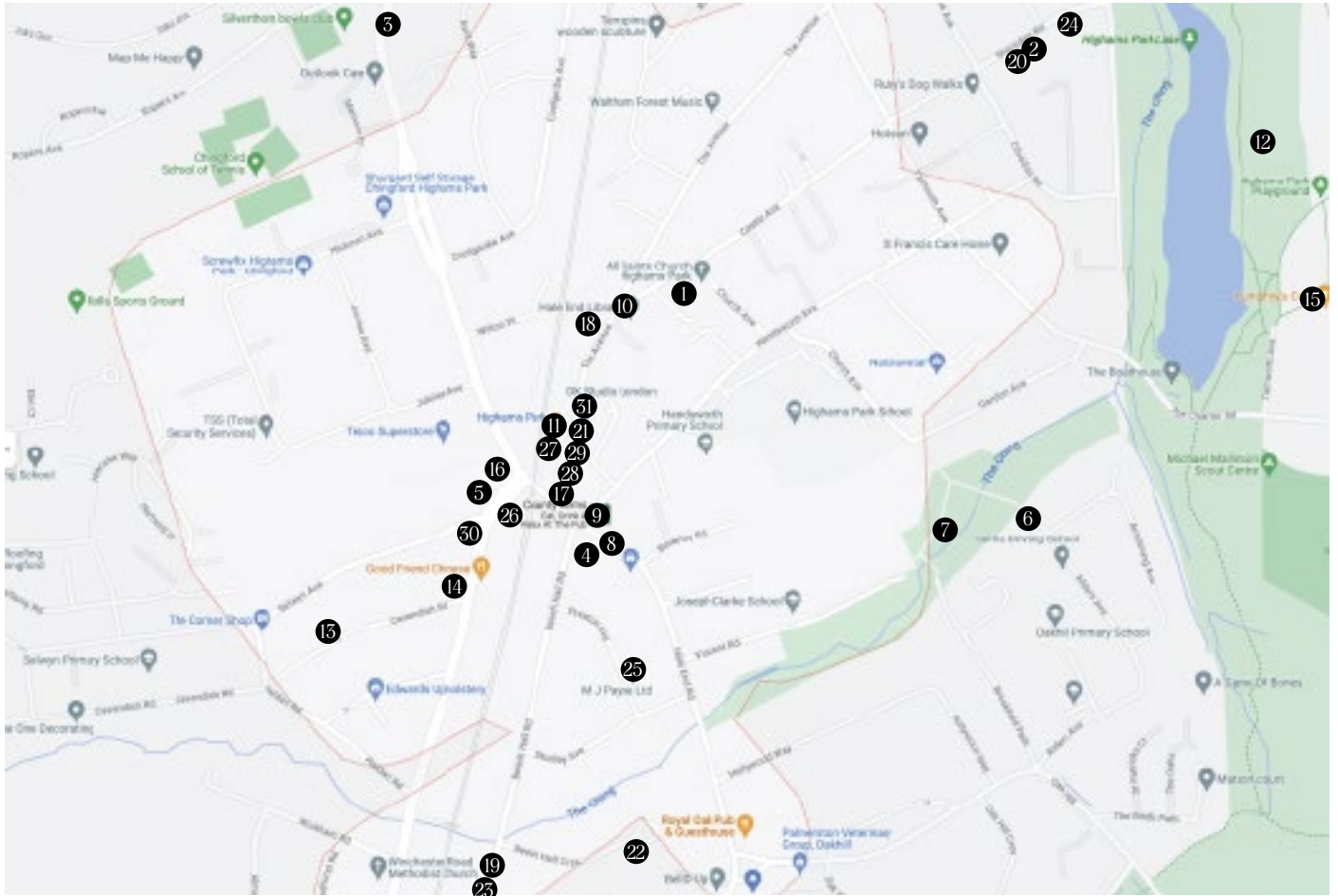
**ANTIQUE FINDS, BRIC A BRAC, CRAFTS
& VINTAGE FASHION**

**PLUS: CHILDREN'S ACTIVITIES, SUPER EXPLORERS, PETITE PRODUCTIONS
CLOTHES REPAIR CAFE, CAKES, EXHIBITIONS, BOOK SIGNINGS
HSPARK RADIO AND LIVE MUSIC FROM HARMONY E4 CHOIR**



*Organised by the Highams Park Planning Group
For more info go to <https://tinyurl.com/LIILD-2026>
or visit https://www.instagram.com/hp_flea/*

12th Highams Park Arts Trail



1. All Saints Church. Church Avenue, E4 9QZ
2. Ben Fitton. 10 Sheredan Road. E4 9RW
3. Ben Frearson. 58 Larkshall Crescent, E4 6NS
4. Biba And Wren. 483 Hale End Road, E4 9PT
5. Breens. 2 The Broadway, E4 9LG
6. Brookfield Allotments. Alders Avenue, IG8 9PU
7. Brookfield Meadow. Brookfield Path, E4 9PR
8. Coco Cafe. 410 Hale End Road, E4 9PB
9. County Arms(Upstairs). 420 Hale End Road, E4 9PB
10. Hale End Library. Castle Avenue, E4 9QD
11. Highams Park Station Car Park. The Avenue, E4 9LA
12. The Highams Park.
13. Highams Park Baptist Church. Cavendish Road, E4 9NH
14. Hulali Tiki Shack. 16A Winchester Rd. London E4 9LN
15. Humphry's Cafe. The Highams Park, Tamworth Avenue, IG8 9RF
16. Indulge Cafe. 7 The Broadway, E4 9LQ
17. Karya Cafe and Bistro. 428 Hale End Rd, London E4 9PB
18. LFS Upholstery & Interiors. 7A The Avenue, E4 9LB
19. Linda Bondy. 138 Beech Hall Road, E4 9NN
20. Louise Fitton. 10 Sheredan Road. E4 9RW
21. McRaes. 18 The Avenue, London E4 9LD
22. The Roundabout, Beech Hall Crescent, E4 9NW
23. Neringa Dastoor. 168 Beech Hall Road. E4 9NT
24. Nigel Reynolds. 22 Sheredan Road. E4 9RW
25. Shailesh Chavda. 19 Preston Ave. E4 9NL
26. The Stag and Lantern. 11—12 The Broadway, E4 9LQ
27. The Station Rooms. Highams Park Station, The Avenue, E4 9LA
28. The Stow Brothers. Bank Buildings, 1 The Avenue, E4 9LE
29. V and A Books. Bank Buildings, 2 The Avenue, E4 9LE
30. Vino Tap. 2a Winchester Road, E4 9LN
31. William Rose. 30 The Avenue, E4 9LD

